

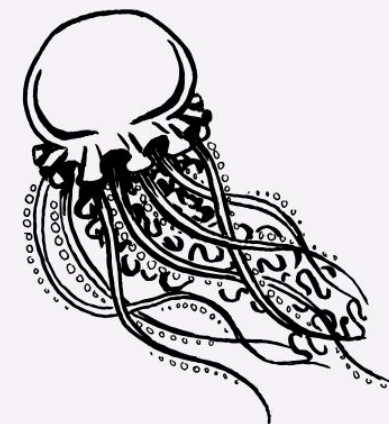
LOW GLUTEN

Please advise our staff of any special dietary requirements when ordering your meal

Breakfast

Acai Bowl	19
Eggs Benedict with Bacon & Baby Spinach add avocado or mushroom	24.75 + 5.
2 Slices Seeded GF bread	7.5
Add:	
1 Egg - poached, scrambled or fried	2.5
Grilled Bacon	5.
Hash Brown (cooked in same frier as gluten products)	3.
Avocado	5
Mushrooms	5
Fetta	3
Dukkah	3
Balsamic Glaze	2
Tomato Jam	3
Halloumi	5

Prices and Menu items are subject to seasonal change



Lunch

Garden or Thai salad	17
Add:	
grilled chicken	8.5
crispy salmon	15.5
BLTC - Bacon, lettuce, tomato, and cheese on GF	10.9
garlic toast with aioli	
Cheesy nachos with mexican beef, avocado, sweet chilli and sour cream	29
Tropical chicken burger	25.5
Grilled chicken parmigiana with garden salad	29.9